

# **ADULT PROGRAMMING CHAIR YOGA UPDATES!**

#### CHAIR YOGA - NOW AT THE LIBRARY! WEDNESDAY, MAY 1, 8, 15, 22, & 29 AT 2 PM & 3 PM

Get your stretch on at **Seymour Library** and practice some self-care with instructors from Pure Moon Yoga! The Library will be offering 2 chair yoga sessions at 2 pm and 3 pm every Wednesday. Classes run approximately 45 minutes.

Registration is required for this free program. Please only register for one session per week. To register, call the library at 315-252-2571.

# FROM MEMORIES >>> TO MEMOIR

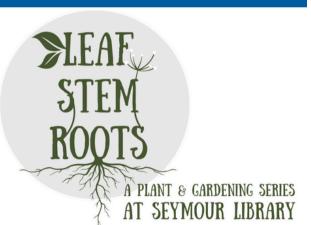
#### FROM MEMORIES TO MEMOIR THURSDAY, MAY 23 AT 6 PM

Join Debra Rose Brillati for a reading of her new book *The House of Many* Doors: A Memoir of Family. Brillati will share her 3-year journey to write and publish her family's stories, from research and interviews to compiling everything into an interesting narrative.

Get the behind-the-scenes look at writing a family memoir, followed by an audience Q&A.

# **NEW SERIES!**





#### LEAF, STEM, ROOTS: A PLANT & GARDENING SERIES

This new series is perfect for all skill levels- whether you have a green thumb or are just trying to keep one houseplant alive. Come chat about plants, learn, and GROW! This series is made possible by the Friends of Seymour Library.

#### **HOUSEPLANT CARE & DESIGN** TUESDAY, MAY 7 AT 7 PM:

Houseplant care from selection to soil! Receive tips on where to place, what plant to choose, what container to use, and how to create a happy indoor garden year-round.

**Upcoming: Bonsai Basics** Thursday, May 16 at 6 pm

Explore the world of bonsai with Tom Johnson, VP of the Finger Lakes Bonsai Society. Learn about what bonsai are, their history, & how they grow.

#### **Orchids Around New York State** Thursday, May 30 at 6 pm

Discover orchids native to NYS with David DuBois, Land Steward at Baltimore Woods Nature Center. Learn where native orchids can be found and more!

#### **Container Gardening Workshop** Tuesday, June 11 at 7 pm

During this fun hands-on workshop, create your own container garden with Lisa Woodruff, Horticulture Educator for Cornell Cooperative Extension of Cayuga County. Registration is required, call 315-255-2751 to register

Visit our website for more details on the The Plant & Gardening Series. This series is made possible by the Friends of Seymour Library.

#### **ADULT PROGRAMMING**



# MUSIC IN THE STACKS This program is courtesy of Friends of Seymour Library.

# HEALTH INSURANCE ASSISTANCE MONDAY, MAY 6 FROM 1:30 TO 4 PM

A New York State of Health Certified Application Counselor will be at Seymour Library from 1:30 to 4 pm on Monday, May 6.

Drop in or schedule an appointment for assistance with signing up for health insurance through the Health Plan Marketplace.

Individuals interested in making an appointment should call Simone Callender at (315) 313-3524.

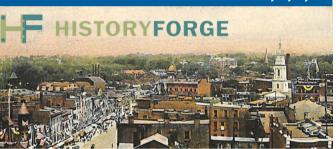
#### FEATURING: JOE SARNICOLA THURSDAY, MAY 2 AT 6 PM

Enjoy an evening of music at Seymour Library with Joe Sarnicola. Take a musical journey from stage to screen with popular favorites from Broadway and Hollywood.

Refreshments provided by the Friends of Seymour Library. No registration is required.

Upcoming: Edgy Folk Thursday, June 6 at 6 pm

# **HISTORYFORGE!** >>



# HISTORYFORGE: VOLUNTEER TRAINING SESSIONS WEDNESDAY, MAY 22 AT 1 PM

Do you love local history? Join Auburn HistoryForge! Auburn HistoryForge is an online interactive database that maps information from the censuses of Auburn, NY onto historical map layers.

During the training session, volunteers will learn how to transcribe census records for Auburn HistoryForge. Current volunteers are also invited to join the session for in-person transcribing.

It's fun, informative and contributes to our understanding of today's Auburn by understanding its past. Register by calling the library at 315-252-2571.

# LIBRARY NEWS





#### THE SEED LIBRARY IS NOW OPEN!

Thanks to a partnership with Cornell Cooperative Extension of Cayuga County, we now have a Seed Library just in time for the warm weather! Check out the Seed Library in our main lobby during library hours: Mon-Wed., 9 am-7 pm, Thurs. & Fri., 9 am-6 pm, and Sat., 9 am-5 pm.

#### How does it work?

- Individuals can take up to 5 packets of seeds max.
- You do not need a library card to access the Seed Library.
- Please sign our visitor log at the main desk.
- There is no need to "return" seeds. They are yours to keep & share.
- Seed packets will be available while supplies last.

## **UPCOMING BUS TOUR!**



# FRIENDS OF SEYMOUR LIBRARY BUS TOUR SATURDAY, JUNE 15

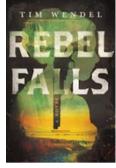
Travel to Wonderland during the Friends of Seymour Library's Bus Tour to the historic New York Botanical Garden on Saturday, June 15, 2024. Explore over 250 acres of whimsical floral displays, contemporary artwork, and mesmerizing installations - all part of the garden-wide exhibit. *Wonderland: Curious Nature*.

Tickets for the Friends Bus Tour to the NYBG are available at Seymour Library or online and include a round trip travel ticket on an Onondaga Coach Charter Bus (pick up and drop-off at Seymour Library, 176 Genesee Street, Auburn, NY 13021), an All Garden Pass to the NYBG, a guided tour with an expert and a 30-minute tram tour.

For more information about the Friends Bus Tour to NYBG, visit: <a href="https://seymourlibrary.org/friends-library/bus-tour/">https://seymourlibrary.org/friends-library/bus-tour/</a>

# ADULT PROGRAMMING SAVE THE DATE >>>





# AUTHOR TALK & COMMUNITY READ: REBEL FALLS MONDAY, JUNE 3 AT 7 PM

The Civil War, a secret mission from William Seward, espionage, and the breathtaking beauty of Niagara Falls- all in one book! Step into the past with visiting author Tim Wendel and get a behind-the-scenes look at his new book, *Rebel Falls*. Discover the research that went into writing this historical fiction novel, including visits to Seward House Museum, ties to local history, and the development of main character Rory Chase, a haunted young woman who must prevent the scheme of rebel spies from turning the tide of the war.

The book discussion will be followed by a Q&A and book signing. Refreshments will be provided by the Friends of Seymour Library.

Copies of *Rebel Falls* will be available to borrow at Seymour Library in May! If you are interested in reserving a copy to borrow, please call the library at 315-252-2571.

This program is a partnership between Seymour Library, Seward House Museum, and the Friends of Seymour Library.

# **WEEKLY & BI-WEEKLY EVENTS**

#### DROP-IN MAH JONGG MONDAY, MAY 6, 13, & 20 AT 12 PM

HOUSE MUSEUM

Drop-in for a friendly game of Mah Jongg every Monday from 12 to 2 pm at Seymour Library. Gaming sets will be available. Must know the basics of Mah Jongg. No registration is required.

#### **SCRABBLE CLUB**

#### WEDNESDAY, MAY 1, 8, 15, 22, & 29 AT 1:30 PM

Drop-in for a friendly game of Scrabble at Seymour Library on Wednesdays from 1:30 to 3:30 pm. No registration is required.

#### **PAINT & SKETCH**

#### THURSDAY, MAY 2 & 16 AT 2 PM

Join other artists for an afternoon of painting & sketching at the library. Bring your current project or start a new creation! Supplies will be provided, no registration is required.

# CROCHET & KNITTING CLUB TUESDAY, MAY 7, 14, 21, & 28 AT 2 PM

Bring your current projects, receive useful tips, and chat with friends. Throughout the month of January, learn how to make a crochet baby chick & egg with Jackie! No registration required.

# CHAIR YOGA AT SEYMOUR LIBRARY WEDNESDAY, MAY 1, 8, 15, 22, & 29 AT 2 & 3 PM

The library will be offering chair yoga classes with instructors from Pure Moon Yoga. Please note, new location and times. REGISTRATION IS REQUIRED! Please call the library at 315-252-2571 to register for a session.

#### **MEDITATION**

#### THURSDAY, MAY 9 & 23 AT 2 PM

Discover inner peace, relaxation, and relief from stress through both guided and silent meditation with Certified Meditation Leader Joe Sarnicola. No registration is required.

### **BOOK CLUBS**

#### COFFEE AND CRIME TUESDAY, MAY 14 AT 12 PM

Any book from the *China Bayles* series by Susan Wittig Alber.

#### READ MORE Wednesday, May 22 at 7 pm

This month's categories: "A Book Set in a Small Town" or "A #Booktok Book."

# HEALING & HARDCOVERS MONDAY, MAY 20 AT 6 PM (EVERY OTHER MONTH)

This club focuses on a variety of mental health-related topics, including wellness and self-care. Featured Book: *Bittersweet:* How Sorrow and Longing Make Us Whole by Susan Cain.

#### TEA AND TALES TUESDAY, MAY 21 AT 12 PM

Featured Book: *Beyond That, the Sea* by Laura Spence-Ash.

#### COFFEE AND CONVERSATION THURSDAY, MAY 23 AT 10:30 AM

Featured Book: *Tell the Wolves I'm Home* by Carol Rifke Brunt.

# OTHERWORLDS: SCI-FI FANTASY BOOK CLUB CURRENTLY ON HOLD UNTIL SUMMER OF 2024

This Science Fiction and Fantasy book club with a twist invites participants to discuss a book, movie, game, or comic that centers upon a set theme. More details to come.

#### **MAY IN THE FAMILY SPACE**

#### IMAGINE STORYTIME MONDAY, MAY 6, 13, & 20 AT 11 AM

Families will engage in stories, songs, and movement together during this fun and interactive storytime at Seymour Library. This month's themes include: Gardens. Mail, & Magic! Designed for ages 2 to 5, but all ages are welcome. No registration is required.

#### LITTLE WIGGLERS TUESDAY, MAY 7, 14, 21, & 28 AT 11 AM

Shake those wiggles out during this storytime designed for toddlers and their families. Explore stories, songs, and movement together! No registration is required.

#### **BOOKS & BABIES**

#### WEDNESDAY, MAY 1, 8, 15, 22, & 29 AT 11 AM

Bring your little ones to this lap-sit storytime for newborns (0 to 18 months). This special storytime focuses on encouraging early literacy skills through books, songs. movement, and discovery. No registration is required.

#### MAY THE FOURTH FAMILY FUN! SATURDAY, MAY 4 FROM 11 AM TO 2 PM



The FORCE is strong at this Library! Mark your calendars for the library's third annual May the Fourth Be With You Family Fun event. We will host Jedi Training sessions. Lightsaber Martial Arts demonstrations, as well as, other Star Wars-related STEAM activities and crafts, and comic book giveaways by Larger Than Life Toys and Comics. It will be a blast! Please join us on May 4th!

#### **POKÉMON CLUB** WEDNESDAY, MAY 15 AT 4 PM



Meet fellow Pokémon trainers while discovering all things Pokémon! Each month we will complete different Pokémon activities. Bring your own Pokémon Trading Cards, or borrow some from the library. Designed for ages 7 and up, but all ages are welcome! Registration is not required.

#### **LEGO CLUB: GARDENS** MONDAY, MAY 20 AT 4 PM



Explore your creativity with LEGO challenges and games during the library's LEGO Club! Accept our building challenge and design your own garden from your imagination! The library will provide all the LEGO bricks. Designed for ages 6 and up, but all ages are welcome. No registration required.

#### TALES WITH TREVOR WEDNESDAY, MAY 22 AT 4 PM



Join us at this doggy storytime with a special guest, Trevor the library dog! Trevor is a patient and friendly dog who loves to be pet and enjoys a good story. Trevor loves for kids to read to him! Practice reading aloud to Trevor! No registration required.

#### WHERE IS BB-8? **ALL MONTH LONG**



Our beloved BB-8 is on a roll! Find where BB-8 is hiding each day in May in the Family Space. When children find BB-8, they will be entered into a drawing to win a Star Wars prize. One entry per day.

#### LEGO STAR WARS DISPLAY!!

Check out our LEGO Star Wars display in the Family Space all month long!