

SEPTEMBER AT THE LIBRARY

NEWSLETTER

Seymour
Library

**WE WILL BE CLOSED ON
MONDAY, SEPTEMBER 2
IN HONOR OF LABOR DAY!**

ADULT PROGRAMMING

INFORMATIONAL SESSION >>>

SEYMOUR LIBRARY TRUSTEE INFORMATIONAL SESSION WEDNESDAY, SEPTEMBER 4 FROM 5 PM TO 6 PM

Learn more about the different board committees and how you can be part of shaping the future of your library.

The board of trustees is composed of two members each from Auburn, Owasco, Sennett, and Fleming, and one member who represents the Seymour Library Foundation. To learn more about the library's board of trustees visit, seymourlibrary.org/about/board-of-trustees.

AFTER HOURS LECTURE SERIES >>>

ERIE EATS:

THE ERIE CANAL FOODWAYS PROJECT

THURSDAY, SEPTEMBER 26 AT 6 PM

Explore the impact of the Erie Canal on food in Upstate NY with Derrick Pratt, Director of Education & Public Programs at the Erie Canal Museum. From its completion in 1825 and over the next 200 years, the Erie Canal radically transformed food export & availability. Learn what staples and delicacies the Erie Canal brought to people's doorsteps and how that changed over time. No registration is required.

MUSIC IN THE STACKS >>>

MUSIC IN THE STACKS WITH RON VAN NOSTRAND

THURSDAY, SEPTEMBER 5 AT 6 PM

Music in the Stacks is back this fall with a new lineup of musical guests! The concert series will kick off with Ron Van Nostrand! Enjoy an evening of songs, stories, some traditional tunes and feel good music! Ron is the current leader of the eclectic folk orchestra, "Flock of Free Range Children" and can be seen performing with the band, "Nuclear Ukulele."

No registration required for this free program. Refreshments provided by the Friends of Seymour Library.

Upcoming Concerts:

The 60's Year by Year with Joe Sarnicola

Thursday, October 3 at 6 pm

Take a musical look back at the most exciting decade of the 20th century: The 60's! Step through time and explore the people and events of this groovy period through popular music with Joe Sarnicola.

Lydia & The Boys

Thursday, November 7 at 6 pm

Feast your ears on a smorgasbord of music, from original songs to some sing-along favorites, classics, and Cajun pieces, played by singer-songwriter Lydia Garrison, Richard Gregory-Allen, and special guest, Cesco.



ADULT PROGRAMMING

LEARN A LANGUAGE



Seymour Library

CONVERSATIONAL

LEARN SPANISH

SPANISH!

CONVERSATIONAL SPANISH

TUESDAY, SEPTEMBER 17 & 24 AT 6 PM

Interested in learning Spanish? Planning a trip and want to brush up on some basic phrases? This six session language course, instructed by Lisa Long, will focus on conversational Spanish for beginners. Participants will learn phrases for introductions, meeting new people, traveling, ordering food, and asking basic questions.

Participants are encouraged to attend all six classes. Space is limited, registration is required for this free program. Please call the library at 315-252-2571 to register.

Complete Class Schedule:

Tuesday, September 17 & 24 from 6 to 7 pm

Tuesday, October 1, 8, 15, & 22 from 6 to 7 pm

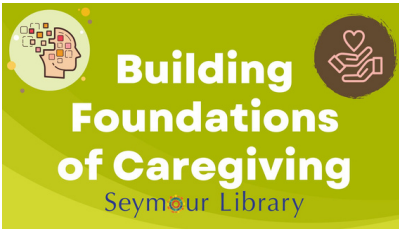
Lisa Long began teaching Spanish at West Genesee High School in the fall of 1997 and is currently the department chair for the World Languages Department and adjunct instructor at Cayuga Community College. Funding for this program was provided by a Finger Lakes Library System Outreach Mini-Grant.

HEALTH & WELLNESS



THE EMPOWERED CAREGIVER WITH ALZHEIMER'S ASSOCIATION

This six part educational series, led by a representative from the Alzheimer's Association, teaches caregivers how to navigate the responsibilities of caring for someone living with dementia.



BUILDING FOUNDATIONS OF CAREGIVING

MONDAY, SEPTEMBER 9 AT 4 PM

Explore the role of caregiver, the changes they may experience, building a support team, and managing caregiver stress.



SUPPORTING INDEPENDENCE

MONDAY, OCTOBER 14 AT 4 PM

Discover tips on how to help the person living with dementia take part in daily activities, including providing the right amount of support and balancing safety and independence while managing expectations.



COMMUNICATING EFFECTIVELY

MONDAY, NOVEMBER 11 AT 4 PM

Learn how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

Registration is required for this free series. Please call the library at 315-252-2571 to register. Participants do not need to attend all six sessions. For more information about the Alzheimer's Association, visit their website at www.alz.org.

THE CITIZEN Q&A



THE CITIZEN Q&A

WEDNESDAY, SEPTEMBER 25 AT 6 PM

Join representatives from The Citizen newspaper for a behind-the-scenes look at the current operation of the newspaper, followed by an audience Q&A.

VISIT SEYMOURLIBRARY.ORG/EVENTS FOR MORE INFO

ADULT PROGRAMMING

HISTORYFORGE



VOLUNTEER TRAINING SESSIONS

WEDNESDAY, SEPT. 25 & OCT. 23 AT 1 PM

Do you love local history? Join Auburn HistoryForge! Auburn HistoryForge is an online interactive database that maps information from the censuses of Auburn, NY, onto historical map layers. Residents and historians can use this powerful search engine to explore the buildings, neighborhoods, individuals, and families of early 20th-century Auburn.

Interested volunteers can join any of the following transcription training sessions in Seymour Library's IDEA Lab.

Volunteers need to attend one session, where they will learn how to transcribe census records for Auburn HistoryForge. Current volunteers are also invited to join the session for in-person transcribing. It's fun, informative and contributes to our understanding of today's Auburn by understanding its past.

Register by calling the library at 315-252-2571.

WEEKLY & BI-WEEKLY EVENTS

DROP-IN MAH JONGG

MONDAY, SEPT. 9, 16, 23, & 30 AT 12 PM

Drop in for a friendly game of *Mah Jongg* at Seymour Library every Monday from 12 to 2 pm. Gaming sets will be available. Must know the basics of Mah Jongg. No registration required.

SCRABBLE CLUB

WEDNESDAY, SEPT. 4, 11, 18, & 25 AT 1:30 PM

Drop-in for a friendly game of Scrabble at Seymour Library on Wednesdays from 1:30 to 3:30 pm. No registration is required.

PAINT & SKETCH

THURSDAY, SEPT. 5 & 19 AT 2 PM

Join other artists for an afternoon of painting and sketching at the library. Bring your current project or start a new creation! Supplies will be provided. No registration required.

CROCHET & KNITTING CLUB

TUESDAY, SEPT. 3, 10, 17, & 24 AT 2 PM

Enjoy a relaxing afternoon of crocheting & knitting every Tuesday at 2 pm. Bring your current projects, receive useful tips, & chat with friends! No registration is required.

CHAIR YOGA

WEDNESDAY, SEPT. 4, 11, 18, & 25 AT 1:30 PM & 3 PM

Get your stretch on at Seymour Library! Now offering 2 chair yoga sessions, every Wednesday at the library. Practice some self-care with instructors from Pure Moon Yoga. Registration is not required, but space is limited.

MEDITATION

THURSDAY, SEPT. 12 & 26 AT 2 PM

Discover inner peace, relaxation, and relief from stress through both guided and silent meditation with Certified Meditation Leader Joe Sarnicola. No registration is required.

SAVE THE DATE! 2024 AUTHOR EXPO

SATURDAY, NOVEMBER 2 -- 11 AM TO 3 PM

AT THE UKRAINIAN NATIONAL CLUB

125 WASHINGTON ST., AUBURN NY 13021

Connect with authors during the Friends of Seymour Library's third Local Author Expo Event.

Book sales & signings, refreshments, raffles, and a panel discussion on writing. Proceeds from the event will go directly to support Seymour Library programs and services.

Pre-sale tickets will be available starting September 12 at Seymour Library and online using PayPal at www.seymourlibrary.org/friends-library.

BOOK CLUBS



COFFEE AND CRIME

TUESDAY, SEPT. 10 AT 12 PM

Any book in the "Meg Langslow" series by Donna Andrews.

TEA AND TALES

TUESDAY, SEPT. 17 AT 12 PM

Only the Beautiful by Susan Meissner.

HEALING & HARDCOVERS

WEDNESDAY, SEPT. 23 AT 6 PM (EVERY OTHER MONTH)

Featured book is: *Crying in H Mart* by Michelle Zauner.

READ MORE

WEDNESDAY, SEPT. 25 AT 7 PM

This month's categories: "A Banned or Challenged Book" or "A Thriller or Crime Fiction."

COFFEE AND CONVERSATION

THURSDAY, SEPT. 26 AT 10:30 AM

Firekeeper's Daughter by Angeline Boulley.

LAST CHANCE BOOK SALE!

Drop by the Friends Book Nook (located at Seymour Library) on Friday, September 6 from 4 to 7 pm!

With new books on the way, it is time to make some room. Check out our selection of "Last Chance" books, \$0.25 donation each! Stock up on some fall reads, from thrillers to nonfiction, there is something for everyone!

SEPTEMBER IN THE FAMILY SPACE

FIRST FRIDAY CRAFTERNOON: FRIENDSHIP BRACELETS

FRIDAY, SEPT. 6 FROM 4 TO 7 PM

Drop in to the library on **First Friday (September 6)** from **4 to 7 pm** and make a Friendship bracelet. Make one for yourself, your best friend, or to trade at an upcoming concert! All ages welcome. Available while supplies last.

IMAGINE STORYTIME

MONDAY, SEPTEMBER 9, 16, 23, & 30 AT 11 AM

Families will engage in stories, songs, and movement together during this fun and interactive storytime at Seymour Library! This month's themes include:

September 9: Back to School

September 16: Animal Yoga

September 23: Honey Bees

September 30: Sunflowers Storytime

Designed for ages 2 to 5, but all ages are welcome. No registration is required.

LITTLE WIGGLERS

TUESDAY, SEPT. 10, 17, & 24 AT 11 AM

Shake those wiggles out during this new storytime designed for toddlers and their families. Explore stories, songs, and movement together! Designed for ages 2 to 3, but all ages are welcome. No registration is required.

BOOKS & BABIES

WEDNESDAY, SEPT. 11, 18, & 25 AT 11 AM

Bring your little ones to this lap-sit storytime for newborns (0 to 18 months). This special storytime focuses on encouraging early literacy skills through books, songs, movement, and discovery. No registration is required.

POKÉMON CLUB

WEDNESDAY, SEPT. 11 AT 4 PM



Meet fellow Pokémon trainers while discovering all things Pokémon! Each month we will complete different Pokémon activities. Bring your own Pokémon Trading Cards, or borrow some from the library. Designed for ages 7 and up, but all ages are welcome! Registration is not required.

TALES WITH TREVOR

OCTOBER 2 AT 4 PM

Join us at this doggy storytime with a special guest, Trevor the library dog! Trevor is a patient and friendly dog who loves to be pet and enjoys a good story. Trevor loves for kids to read to him! Practice reading aloud to Trevor! No registration required.



SAVE THESE DATES! FAMILY FUN AT THE LIBRARY!

**FAMILY FUN NIGHT: CRAFT SPOOKTACULAR
WEDNESDAY, OCT. 23 FROM 4:30 TO 6:30 PM**



Celebrate the season with an evening of spooky Halloween-themed crafts! Decorate a pumpkin, make a paper plate bat, and create a ghost puppet friend! Crafts are designed for different ages, so families can pick which stations work best for them. No registration required. Crafts will be available while supplies last.

TRICK OR READ

THURSDAY OCTOBER 31 FROM 4 TO 6 PM



Make Seymour Library part of your Halloween plans! The library will be offering a fun trick-or-treat option for families. Take a stroll through the library and visit all of our Trick-or-Read stations. Collect a book, Pokémon cards, candy, and more!

For children and families. No registration required. Crafts available while supplies last.