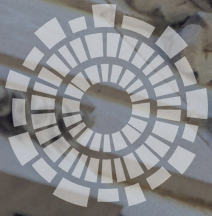


NOVEMBER & DECEMBER AT THE LIBRARY

NEWSLETTER

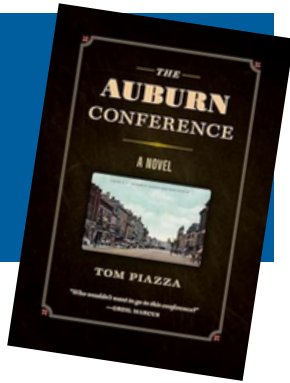


Seymour
Library

HOLIDAY HOURS
NOV. 27: CLOSING AT 2 PM,
NOV. 28 & 29: CLOSED
DEC. 23, 24, & 25: CLOSED
DEC. 31: CLOSING AT 2 PM
JAN. 1: CLOSED

ADULT PROGRAMMING

COMMUNITY READ & DISCUSSION



Reserve your
copy today!

COMMUNITY READ & DISCUSSION: THE AUBURN CONFERENCE BY TOM PIAZZA THURSDAY, NOV. 21 AT 6 PM

Join us for a discussion of our fall community read, *The Auburn Conference* by Tom Piazza. Imagine late 19th century literary greats coming together in Auburn NY for a public discussion on the future of the nation, covering topics of race, class, gender, and the fate of the democratic ideal. Howard Nelson, poet & professor at Cayuga Community College will facilitate the discussion.

Copies of the book are available to borrow at Seymour Library. If you are interested in reserving a copy, please call the library at 315-252-2571. Refreshments will be provided by the Friends of Seymour Library.

LIVE AT THE LIBRARY!



MUSIC IN THE STACKS: LYDIA & THE BOYS THURSDAY, NOV. 7 AT 6 PM

Enjoy an evening of music with singer-songwriter Lydia Garrison, Richard Gregory-Allen, and special guest, Cesco. Feast your ears on a smorgasbord of music, from original songs to some sing-along favorites, classics, and Cajun pieces, played on the banjo, fiddle, guitar, and mandolin. Members of the audience are welcome to sing along and try out various instruments the band brings.

Refreshments provided by the Friends of Seymour Library.

MUSIC IN THE STACKS: MERRY MISCHIEF THURSDAY, DEC. 5 AT 6 PM

In December, Seymour Library will be filled with melodies from local musician Merlyn Fuller of Merry Mischief. Take a musical adventure with seafaring songs, shanties, and tales of the high seas with this "theatrical musician" as she navigates music from river to sea! No life preservers needed!



TICKETS AVAILABLE!

AUTHOR EXPO SATURDAY, NOV. 2 -- 11 AM TO 3 PM AT THE UKRAINIAN NATIONAL CLUB 125 WASHINGTON ST., AUBURN NY 13021

Book sales & signings, refreshments, raffles, and a panel discussion on writing. Proceeds from the event will go directly to support Seymour Library programs and services.

Tickets -- \$10.00 Advance/\$15.00 Day off/kids under 12 free!



ADULT PROGRAMMING

HEALTH & WELLNESS



MEDICARE 101

TUESDAY, NOV. 12 AT 11 AM

During this free informational seminar with Shawn Daly from Hill Insurance Services, participants will receive a breakdown of original Medicare Parts A & B, Part D drug coverage, learn the difference between a Medigap/Supplement Plan vs. a Medicare Advantage Plan, and explore the impact of the Final Rule for 2025 regarding Medicare, Medicare Savings Programs. The presentation will be followed by a Q&A.

Shawn Daly is a broker from Hill Insurance Services who specializes in Medicare

THE EMPOWERED CAREGIVER



THE EMPOWERED CAREGIVER WITH THE ALZHEIMER'S ASSOCIATION

This educational series, led by a representative from the Alzheimer's Association, teaches caregivers how to navigate the responsibilities of caring for someone living with dementia.

See below dates and times for upcoming workshops.

COMMUNICATING EFFECTIVELY

MONDAY, NOV. 11 AT 4 PM



Learn how dementia affects communication, including tips for communicating well with family, friends and health care professionals

RESPONDING TO DEMENTIA-RELATED BEHAVIORS

MONDAY, FEB. 10 AT 4 PM



Review common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed

Registration is required for this free series. Please call the library at 315-252-2571 to register. Participants do not need to attend all six sessions. For more information about the Alzheimer's Association, visit their website at www.alz.org.

INSURANCE ASSISTANCE



HEALTH INSURANCE ASSISTANCE

MONDAY, NOV. 4 FROM 1:30 TO 4:00 PM

A New York State of Health Certified Application Counselor will be at Seymour Library from 1:30 to 4 pm on Monday, November 4.

Drop in or schedule an appointment for assistance with signing up for health insurance through the Health Plan Marketplace.

Individuals interested in making an appointment should call Simone Callender at (315) 313-3524.

HOLIDAY DIY!



HOLIDAY DIY

SATURDAY, DEC. 14 AT 11 AM, 1 PM, & 3 PM

Get your DIY on this holiday season at Seymour Library! Register for one of the library's three Holiday DIY sessions designed for adults and teens on **Saturday, December 14 at 11 am, 1 pm, or 3 pm.**

Participants will make three crafts- a cutting board decorative snowman, a snow globe, and a winter-themed ornament. Each session will feature the same three crafts. All materials will be provided.

Please only register for one session. To register, call the library at 315-252-2571.

VISIT SEYMOURLIBRARY.ORG/EVENTS FOR MORE INFO

WEEKLY & BI-WEEKLY EVENTS

DROP-IN MAH JONGG

MONDAY, NOV. 4, 11, 18, & 25 AT 12 PM

MONDAY, DEC. 2, 9, 16 & 30 AT 12 PM

Drop in for a friendly game of *Mah Jongg* at Seymour Library. Gaming sets will be available. Must know the basics of Mah Jongg. No registration required.

CROCHET & KNITTING CLUB

TUESDAY, NOV. 5, 12, 19, & 26 AT 2 PM

TUESDAY, DEC. 3, 10, & 17 AT 2 PM

Enjoy a relaxing afternoon of knitting and crocheting at this fun club! Bring your current projects, receive useful tips, and chat with friends. No registration is required.

CHAIR YOGA AT SEYMOUR LIBRARY

AT 1:30 PM & 3 PM

WEDNESDAY, NOV. 6, 13, & 20

WEDNESDAY, DEC. 4 & 11

Get your stretch on and practice some self-care with instructors from Pure Moon Yoga. Registration not required, space is limited. Classes run approximately 1 hr.

SCRABBLE CLUB

WEDNESDAY, NOV. 6, 13, & 20 AT 1:30 PM

WEDNESDAY, DEC. 4, 11, & 18 AT 1:30 PM

Drop-in for a friendly game of Scrabble on Wednesdays from 1:30 to 3:30 pm. No registration is required.

PAINT & SKETCH

THURSDAY, NOV. 7 & 21 AT 2 PM

THURSDAY, DEC. 5 & 19 AT 2 PM

Join other artists for an afternoon of painting & sketching at the library. Bring your current project or start a new artistic creation! Supplies will be provided, no registration is required.

MEDITATION

THURSDAY, NOV. 14 AT 2 PM

THURSDAY, DEC. 12 AT 2 PM

Discover inner peace, relaxation, & relief from stress through both guided and silent meditation with Certified Meditation Leader Joe Sarnicola. No registration required.

BOOK CLUBS

COFFEE AND CRIME

TUESDAY, NOV. 12 AT 12 PM

Any book from the *Kate Shugak series* by Dana Stabenow to read and discuss.

TEA AND TALES

TUESDAY, NOV. 19 AT 12 PM

Featured Book: *The Women* by Kristin Hannah.

COFFEE AND CONVERSATION

THURSDAY, NOV. 21 AT 10:30 AM

Featured Book: *Black Cake* by Charmaine Wilkerson.

READ MORE

WEDNESDAY, NOV. 20 AT 7 PM

This month's categories: "A Peace Book" or "A Book About a Person of Influence."

HEALING & HARDCOVERS

MONDAY, NOV. 18 AT 6 PM

This club focuses on a variety of mental health-related topics, including wellness and self-care. Featured Book: *Friends, Lovers, and the Big Terrible Thing: A Memoir* by Matthew Perry.

COFFEE AND CRIME

TUESDAY, DEC. 10 AT 12 PM

Participants can pick any Holiday Mystery to read and discuss.

TEA AND TALES

NO MEETING IN DEC.

NEXT MEETING: TUESDAY, JAN. 21 AT 12 PM

COFFEE AND CONVERSATION

THURSDAY, DEC. 19 AT 10:30 AM

Featured Book: *Somewhere Beyond the Sea* by TJ Klune.

READ MORE

WEDNESDAY, DEC. 18 AT 7 PM

This month's categories: "An Award Winning Book" or "A 2024 Release."

HEALING & HARDCOVERS

NO MEETING IN DEC.

NEXT MEETING MONDAY, JAN. 27 AT 6 PM

HOLIDAY HOURS SEYMOUR LIBRARY WILL BE CLOSED ON THE FOLLOWING DAYS:

You can access our online collection 24/7 at seymourlibrary.org/elibrary! And remember, our book drop is always open so you can return materials any time!

Nov. 27: Closing at 2 pm

Nov. 28 & 29: Closed

Dec. 23, 24, & 25: Closed

Dec. 31: Closing at 2 pm

Jan. 1: Closed

NOV. & DEC. IN THE FAMILY SPACE

IMAGINE STORYTIME

MONDAY, NOV. 4, 11, & 18 AT 11 AM

Themes: *Dinosaur Bedtime, Dinosaurs at the Library and Dinosaur Families!*

MONDAY, DEC. 2, 9, & 16 AT 11 AM

Themes: *Boxes, Monkeys, and Cookies.*

Families will engage in stories, songs, and movement together during this fun and interactive storytime at Seymour Library! Designed for ages 2 to 5, but all ages are welcome. No registration is required.

LITTLE WIGGLERS

TUESDAY, NOV. 5, 12, & 19 AT 11 AM

TUESDAY, DEC. 3, 10, & 17 AT 11 AM

Shake those wiggles out during this new storytime designed for toddlers and their families. Explore stories, songs, and movement together! Designed for ages 2 to 3, but all ages are welcome. No registration is required.

BOOKS & BABIES

WEDNESDAY, NOV. 6, 13, & 20 AT 11 AM

WEDNESDAY, DEC. 4, 11, & 18 AT 11 AM

Bring your little ones to this lap-sit storytime for newborns (0 to 18 months). This special storytime focuses on encouraging early literacy skills through books, songs, movement, and discovery. No registration is required.

TALES WITH TREVOR

WEDNESDAY, NOV. 6 AT 4 PM

WEDNESDAY, DECEMBER 4 AT 4 PM



Join us at this doggy storytime with a special guest, Trevor the library dog! Trevor is a patient and friendly dog who loves to be pet and enjoys a good story. Trevor loves for kids to read to him! Practice reading aloud to Trevor! No registration required.

POKÉMON CLUB

WEDNESDAY, NOV. 13 AT 4 PM



Meet fellow Pokémon trainers while discovering all things Pokémon! Each month we will complete different Pokémon activities. Bring your own Pokémon Trading Cards, or borrow some from the library. Designed for ages 7 and up, but all ages are welcome! Registration is not required.



DROP-IN STEAM

FRIDAY, NOV. 1 & WEDNESDAY, NOV. 27

THURSDAY, DEC. 26 & FRIDAY, DEC. 27

FROM 9 AM TO 1 PM

School's out, but there is educational fun to be had at the library! Drop in and explore all things STEAM! STEAM stations will be set up in the Family Space and will include Science, Technology, Engineering, Art and Math activities. No registration required.

FAMILY FUN NIGHT: T-REX TEA PARTY

FRIDAY, NOV. 15 FROM 4 TO 6 PM



Celebrate DINO-ember with a T-Rex Tea Party! Enjoy a short dinosaur storytime, dinosaur-themed crafts and interactive games! Tea and snacks will be served. No registration required.

LEGO CLUB:

MONDAY, NOV. 18 & DEC. 16 AT 4 PM

Accept our Dinosaur Challenge in November and our Robot Building Challenge in December! Children are encouraged to use their imaginations to design their own creations! The library will provide all the LEGO bricks. Designed for ages 6 and up, but all ages are welcome. No registration required.

FAMILY FUN NIGHT: WINTER SPECTACULAR

FRIDAY, DEC. 13 FROM 4 TO 6 PM

Winter is here! Celebrate the season at Seymour Library with an evening that will be SNOW Much Fun! Join us for a storytime and craft at 4 pm followed by a winter-themed magic show with Jeff the Magic Man at 5 pm. Participants will learn some balloon twisting skills and make a snowflake and snowman to take home. No registration required.

DROP-IN CRAFTS

THURSDAY, JAN. 2 & FRIDAY, JAN. 3

FROM 9 AM TO 1 PM

Are the kiddos getting restless? Drop in and create some winter-themed crafts with us! Craft activities will be set up in the Family Space while supplies last. No registration required.

SCAVENGER HUNTS! DINOSAURS IN NOV. & MOOSE ON THE LOOSE IN DEC.